

SUNDAY

Breakfast French Toast with Sausage Patty and a cup of Oatmeal or Farina.

Lunch Chunky Vegetable Soup, Roast Chicken with Lemon Herb Rice and Baby Carrots OR Beer Battered Fish. Banana Pudding for Dessert

Dinner Tuna Egg & Potato Salad with Dinner Roll. OR Grilled Reuben Sandwich. Mandarin Oranges for Dessert.

MONDAY

Breakfast Scrambled Eggs & Cheese with Home Fries w/Onions and a cup of Oatmeal or Farina.

Lunch Chicken Barely Soup, Spaghetti & Meatballs with Garden Salad and Dressing OR BBQ Chicken. Sherbet for Dessert

Dinner Turkey Club Sandwich with Coleslaw OR Egg Salad Sandwich. Sliced Peaches for Dessert.

TUESDAY

Breakfast Pancakes with Strawberries and a cup of Oatmeal or Farina.

Lunch Minestrone Soup, Hawaiian Pork with White Rice and Capri Vegetables OR Deli Roast Beef Sandwich. Chocolate Chip Cookie for Dessert.

Dinner Italian Hot Dog w/Cheese with Coleslaw and Pasta Salad OR Tuna Salad Sandwich. Fruited Jello for Dessert.

WEDNESDAY

Breakfast Ham and Cheese Frittata with a Croissant and a cup of Oatmeal or Farina.

Lunch Chicken Noodle Soup, Honey Lemon Chicken with Baked Sweet Potato and Mixed Vegetables OR BBQ Rib Sandwich. Baked Apple for Dessert

Dinner Garden Cheese Pizza with Three Bean Salad OR Chicken Cheese Quesadilla. Raspberry Sherbet for Dessert.

THURSDAY

Breakfast Belgian Waffles & Egg Patty and a cup of Oatmeal or Farina.

Lunch Vegetarian Split Pea Soup, Beef Goulash with Sliced Carrots OR Manicotti Parm with Marinara Sauce. Chocolate Brownie for Dessert

Dinner Veal Paprika with Oven Browned Potatoes and Cut Green Beans OR Salmon w/Citrus Sauce. Sliced Pears for Dessert.

FRIDAY

Breakfast Scrambled Eggs & Fried Hash Brown Potatoes, Banana and a cup of Oatmeal or Farina.

Lunch New England Clam Chowder, Fish Fillet w/Lemon Dill Sauce with Rice Pilaf and Oriental Style Zucchini OR Herbed Breaded Pork Chop. Carrot Cake for Dessert

Dinner Baked Chicken Fillet with Baked Potato and Baby Peas OR Grilled Cheese Sandwich. Mandarin Oranges for Dessert.

SATURDAY

Breakfast Western Omelet with a Bagel & Cream Cheese and a cup of Oatmeal or Farina.

Lunch Vegetable Homestyle Soup, Stuffed Peppers w/Sauce with Cauliflower Polonaise OR Veal Parmesan. Ice Cream for Dessert

Dinner Roast Turkey Breast with Stuffing and Broccoli OR Liver & Onions. Pineapple Tidbits for Dessert.

WEEK 4



PREFERRED CARE

